



Fort Street
Presbyterian
Church

October 18, 2015

6:00 a.m.

THOUGHT FOR INDIVIDUAL MEDITATION

“ A Runner’s Prayer”

Run by my side, Lord. Live in my heartbeat. Give strength to my steps. As the cold whirls around me, as the wind pushes me, I know you surround me. As the sun warms me, as the rain cleanses me, I know you are touching me, challenging me, loving me, and so I give you this run. Thank you, God, for matching my stride. Amen

PRELUDE

WELCOME

CALL TO WORSHIP

This is the day the Lord has made; let us rejoice and be glad in it.

Now is the hour to humble ourselves, to focus inward, to discover strength and determination, and to exalt God's name in spirit, mind and body.

We come to worship the Lord with glad songs of praise.

We seek to walk in the upward way of God, and to run as children of the light, making the most of time.

OPENING PRAYER

Almighty God, our Strength and our Redeemer, we give you thanks and praise for the gift of this day, for creating us in your image, male and female, and for promising to be with us always. In our worship together, open our hearts to your presence, our ears to hear your Word, our hands to serve, and our feet to run the race you have set before us. To you be glory now and forever more. Amen.

SONG RESPONSE

“Our God is an Awesome God”

**Our God is an awesome God who reigns from heaven above
with wisdom, power, and love; our God is an awesome God!**

SCRIPTURE: I Corinthians 9:24-26a

MEDITATION:

“THREE KEYS TO RUNNING”

SONG RESPONSE

“Guide My Feet”

**Guide my feet while I run this race; guide my feet while I run this race;
Guide my feet while I run this race, for I don’t want to run this race in vain!
Run with me while I run this race; I’m your child while I run this race
Run with me while I run this race; for I don’t want to run this race in vain!**

PRAYER

LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, for ever. Amen.

CHARGE/BLESSING

POSTLUDE

FLAGS OF THE WORLD AT FORT STREET

- | | |
|--------------------|---------------------|
| 1. Argentina | 36. Netherlands |
| 2. Australia | 37. New Zealand |
| 3. Belgium | 38. Nigeria |
| 4. Bolivia | 39. Norway |
| 5. Brazil | 40. Palestine |
| 6. Cameroon | 41. Panama |
| 7. Canada | 42. Paraguay |
| 8. Chile | 43. Philippines |
| 9. Columbia | 44. Poland |
| 10. Cuba | 45. Portugal |
| 11. Czech Republic | 46. Russia |
| 12. Denmark | 47. Scotland |
| 13. Ecuador | 48. Senegal |
| 14. Finland | 49. Solomon Islands |
| 15. France | 50. South Africa |
| 16. Germany | 51. South Korea |
| 17. Greece | 52. Spain |
| 18. Guatemala | 53. Sudan |
| 19. Hungary | 54. Sweden |
| 20. Iceland | 55. Taiwan |
| 21. India | 56. Thailand |
| 22. Iceland | 57. Turkey |
| 23. Israel | 58. Ukraine |
| 24. Italy | 59. United Kingdom |
| 25. Jamaica | 60. United States |
| 26. Japan | 61. Zambia |
| 27. Jordon | 62. Zimbabwe |
| 28. Kenya | |
| 29. Kuwait | |
| 30. Lesotho | |
| 31. United Nations | |
| 32. Liberia | |
| 33. Lithuania | |
| 34. Mexico | |
| 35. Nepal | |

In the Presbyterian Church, October is known as the month for mission. Fort Street's tradition of hanging the flags of the world around its sanctuary began more than 50 years ago. Some flags honor Presbyterian Mission workers who have visited us. We have had members from some of these countries and we have had members who traveled to many of these countries. We add flags whenever they are donated by members and friends. The flags begin in the front left side of the sanctuary and continue counter--clockwise to the right front.

Consider this.....

If the world were a global village of 100 people, over 70 of them would be unable to read and only one would have a college education. Over 50 would be suffering from malnutrition, and over 30 would live in what we call substandard housing.

If the world were a global village of 100 residents, six of them would be from the United States. Those six would have half of the village's entire income; the other 94 would exist on the other half. How would the wealthy 6 live "in peace" with their neighbors? Surely they would be driven to arm themselves against the other 94....

Perhaps even spend, as we do, more per person on "military defense" than the total personal income of the others.

Source Unknown

